

1 STATE OF OKLAHOMA

2 1st Session of the 56th Legislature (2017)

3 SENATE BILL 465

By: Sparks

4  
5  
6 AS INTRODUCED

7 An Act relating to physical education in schools;  
8 amending 70 O.S. 2011, Section 11-103.9, as amended  
9 by Section 5, Chapter 430, O.S.L. 2014 (70 O.S. Supp.  
10 2016, Section 11-103.9), which relates to physical  
11 education programs; requiring that districts complete  
12 certain self-assessments; adding requirements for  
13 certain physical activity report; and providing an  
14 effective date.

15 BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA:

16 SECTION 1. AMENDATORY 70 O.S. 2011, Section 11-103.9, as  
17 amended by Section 5, Chapter 430, O.S.L. 2014 (70 O.S. Supp. 2016,  
18 Section 11-103.9), is amended to read as follows:

19 Section 11-103.9. A. Except as otherwise provided for in this  
20 section, the State Board of Education shall require, as a condition  
21 of accreditation, that school districts provide to all students  
22 physical education programs which may include athletics.

23 B. The Board shall require, as a condition of accreditation,  
24 that public elementary schools provide instruction, for students in  
full-day kindergarten and grades one through five, in physical  
education or exercise programs for a minimum of an average of sixty

1 (60) minutes each week. The time students participate in recess  
2 shall not be counted toward the sixty-minutes-per-week physical  
3 education requirement. Schools may exclude from participation in  
4 the physical education or exercise programs required in this  
5 subsection those students who have been placed into an in-house  
6 suspension or detention class or placement or those students who are  
7 under an in-school restriction or are subject to an administrative  
8 disciplinary action.

9 C. The Board shall require, as a condition of accreditation,  
10 that public elementary schools provide to students in full-day  
11 kindergarten and grades one through five, in addition to the  
12 requirements set forth in subsection B of this section, an average  
13 of sixty (60) minutes each week of physical activity, which may  
14 include, but not be limited to, physical education, exercise  
15 programs, fitness breaks, recess, and classroom activities, and  
16 wellness and nutrition education. Each school district board of  
17 education shall determine the specific activities and means of  
18 compliance with the provisions of this subsection, giving  
19 consideration to the recommendations of each school's Healthy and  
20 Fit School Advisory Committee as submitted to the school principal  
21 pursuant to the provisions of Section 24-100a of this title.

22 D. The Board shall disseminate information to each school  
23 district on the benefits of physical education programs and shall  
24 strongly encourage districts to provide physical education

1 instruction to students in grades six through twelve. The Board  
2 shall also strongly encourage school districts to incorporate  
3 physical activity into the school day by providing to students in  
4 full-day kindergarten and grades one through five at least a twenty-  
5 minute daily recess, which shall be in addition to the sixty (60)  
6 minutes of physical education as required by subsection B of this  
7 section, and by allowing all students brief physical activity breaks  
8 throughout the day, physical activity clubs, and special events.

9 E. School districts shall complete comprehensive self-  
10 assessments on their physical education programs and best practices  
11 for each physical education measure assessed and provide to parents  
12 or guardians of students a physical activity report. The report  
13 shall be provided to parents and guardians at least annually, be  
14 made available to the public in an easy-to-access form on the State  
15 Department of Education's website and shall include:

16 1. The amount of physical education offered in elementary,  
17 middle and high schools by days, class period and minutes per week,  
18 as well as the number of students enrolled in physical education  
19 classes compared to the overall enrollment;

20 2. Whether physical education is a requirement for graduation;

21 3. Whether the school district is using a planned, kindergarten  
22 through twelfth grade sequential physical education curriculum that  
23 adheres to national and state standards for physical education and  
24 whether the curriculum is systematically reviewed and updated;

1        4. How many of the district's physical education teachers are  
2 licensed, certified or endorsed by an accredited teacher preparation  
3 program to teach physical education as well as the number of  
4 physical education teachers currently seeking licenses or  
5 certifications and the progress of those candidates;

6        5. Whether physical education programs have appropriate  
7 equipment and adequate facilities for students to engage in the  
8 recommended amount and intensity of physical activity;

9        6. Whether modification or adaptations allow physical education  
10 courses to meet the needs of students with disabilities, instead of  
11 offering waivers to students with disabilities;

12        7. A summary on how physical activity is being incorporated  
13 into the school day;

14        ~~2.~~ 8. A summary of the types of physical activities the  
15 students are exposed to in the physical education programs;

16        ~~3.~~ 9. Suggestions on monitoring the physical activity progress  
17 of a child and how to encourage regular participation in physical  
18 activity; and

19        ~~4.~~ 10. Information on the benefits of physical education and  
20 physical activity.

21        F. Instruction in physical education required in this section  
22 shall be aligned with the subject matter standards as adopted by the  
23 Board.

1 G. The physical education curriculum shall be sequential,  
2 developmentally appropriate, and designed, implemented, and  
3 evaluated to enable students to develop the motor and self-  
4 management skills and knowledge necessary to participate in physical  
5 activity throughout life. Each school district shall establish  
6 specific objectives and goals the district intends to accomplish  
7 through the physical education curriculum.

8 H. In identifying the essential knowledge and skills, the State  
9 Board of Education shall ensure that the subject matter standards  
10 for physical education:

11 1. Emphasize the knowledge and skills capable of being used  
12 during a lifetime of regular physical activity;

13 2. Are consistent with national physical education standards  
14 for:

15 a. the information that students should learn about  
16 physical activity, and

17 b. the physical activities that students should be able  
18 to perform;

19 3. Require that, on a weekly basis, at least fifty percent  
20 (50%) of the physical education class be used for actual student  
21 physical activity and that the activity be, to the extent  
22 practicable, at a moderate or vigorous level;

23 4. Offer students an opportunity to choose among many types of  
24 physical activity in which to participate;

1 5. Offer students both cooperative and competitive games;

2 6. Meet the needs of students of all physical ability levels,  
3 including students who have a disability, chronic health problem, or  
4 other special need that precludes the student from participating in  
5 regular physical education instruction but who might be able to  
6 participate in physical education that is suitably adapted and, if  
7 applicable, included in the student's individualized education  
8 program;

9 7. Teach self-management and movement skills;

10 8. Teach cooperation, fair play, and responsible participation  
11 in physical activity;

12 9. Promote student participation in physical activity outside  
13 of school; and

14 10. Allow physical education classes to be an enjoyable  
15 experience for students.

16 I. The Board shall adopt rules to implement the provisions of  
17 this section.

18 SECTION 2. This act shall become effective November 1, 2017.

19

20 56-1-812 EB 1/19/2017 1:06:32 PM

21

22

23

24